

**THIS FORM SHALL BE READ WITH A PARENT OR
GUARDIAN, SIGNED AND RETURNED TO YOUR COACH BY
THE FIRST PRACTICE**

I am aware that playing or practicing to play in any sport or athletic activity can be dangerous and involve many risks of injury. Because of those dangers and risks, I recognize the importance of following the coaches' instructions regarding playing, training techniques and team rules. I agree to obey said rules and instructions I also agree to report all injuries to my coach as soon as possible after the occurrence and not attempt to participate in the activity until I do so.

Print Child's Name _____

Signature of Child _____

I, the parent/guardian of _____, understand the dangers and risks involved in tackle football as indicated above. Recognizing these dangers and risks, I give permission for my child to participate in all activities of the sport, including, but not limited to, trying out, practicing and playing/participating in that sport. I agree to report all injuries to the above-mentioned player to his coach with 24 hours of their occurrence.

Print Parent's Name _____

Signature of Parent _____

SEND COMPLETED FORM with Registration, Emergency Information Form, & Registration Fee (checks payable to PYFL)

to: **Portland Youth Football, PO Box 8524, Portland, Maine 04104**
Contact **Chip Martin** 207 415-3877 or dmartin7@maine.rr.com