- 1. Introduction of Head Coach and Assistant Coaches.
 - a. Overview of your experience (if applicable).
- 2. What are our Expectations for the season?
 - a. Players
 - i. Come to practice and games on time
 - ii. **Good sportsmanship**, no excessive celebrating on offense or defense. Be humble in victory and respectful in defeat.
 - iii. **Code of Conduct**: respect your parents, your teachers, your coaches, teammates, and referees, no bad language on or off the field. Refer to Athlete Code of Conduct
 - iv. No horseplay during practice or games.
 - v. **Work hard in school** to get good grades through the season because school is even more important than football.

b. Parents

i. Refer to Parent/Guardian Code of Conduct. Good sportsmanship on the sidelines, and that we all will try and remember that this is a game for kids, not adults. Please allow the coaches to coach the kids and refs to call the games. We will try to get as many players a chance to play different positions but we need to consider safety of the boys in where we place players and putting players in positions that will also give the team the best chance for success. Lay the groundwork early: not every kid is going to run with the ball or be quarterback. If there is ever a need to speak to me or the other coaches about a concern, let's please arrange a time to talk away from the kids and the field of play.

c. Coaches

i. We sign a Code of Ethics each season: treat all players equally and with respect, we will strive to lead by example and show good sportsmanship toward other teams, coaches and referees, and do the best we can to teach football to all the boys so that each boy can reach their highest potential this season.

3. What are our Goals for the season?

- a. **#1: Safety**. We all have good pads to help protect us, but we're going to teach skills and techniques to help avoid injury and keep you on the field learning how to block, tackle, run and play like a real football player.
- b. Have fun!
- c. **Improve skills** as a football player: get better each week.
- d. Ultimate goal: See as many kids return to play football next year
- e. Goal is really not to win games: it's to learn from our mistakes. Winning happens when everyone does their job and we work hard in practice. Failure is not falling down...failure is not getting up. I expect my players to make mistakes, that's how you learn. Like life in general, be it at school or at home, the goal is to try and not repeat our mistakes, which is what makes us better people, and here on the field: better football players. But there will likely always be better football players than you...your goal should be to be the best football player YOU can be. And we're going to help get you there.